



Feeling Good, It's Skyline Time!

Skyline provides a unique, uplifting restaurant experience that makes you feel good. That's because Skyline Chili's unique "Cones and Ways" are full of great flavor that you can only find at Skyline. They are served by genuinely friendly people that not only get to know you, they actually make you feel welcomed and at home, like you belong. When you leave Skyline, you leave feeling good. Next time you want a unique, uplifting restaurant experience that makes you feel good in a way no other restaurant can, choose Skyline.

Salads and Wraps	Calories	Calories from Fat	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Carbohydrates	Dietary Fiber	Sugars	Protein	Vitamin A	Vitamin C	Calcium	Iron
Greek Side Salad	110	60	7g	2g	0g	15mg	630mg	9g	2g	3g	4g	80%	15%	10%	4%
Greek Salad	210	110	12g	4.5g	0g	25mg	1200mg	17g	4g	5g	7g	170%	25%	20%	10%
Greek Salad with Chicken	300	130	14g	5g	0g	65mg	1650mg	20g	4g	6g	22g	170%	25%	20%	10%
Buffalo Chicken Side Salad	110	50	6g	2g	0g	25mg	1020mg	6g	1g	2g	10g	80%	15%	8%	2%
Buffalo Chicken Salad	220	110	11g	3.5g	0g	50mg	2040mg	12g	2g	3g	19g	170%	25%	15%	6%
Garden Side Salad	80	35	4g	2g	0g	10mg	130mg	8g	2g	2g	4g	80%	15%	8%	4%
Garden Side Salad with Chicken	120	45	5g	2g	0g	25mg	350mg	10g	2g	3g	11g	80%	15%	8%	4%
Garden Salad	160	70	8g	3.5g	0g	15mg	260mg	17g	4g	5g	7g	150%	25%	15%	8%
Garden Salad with Chicken	240	90	10g	4.5g	0g	55mg	710mg	19g	4g	5g	21g	150%	25%	15%	8%
Classic Chicken Salad	160	70	7g	3.5g	0g	50mg	550mg	7g	2g	3g	19g	160%	15%	15%	6%
Chicken, Bacon, Ranch with Frito-Full	530	350	40g	10g	0g	75mg	1180mg	18g	3g	5g	26g	160%	20%	15%	6%
Chicken, Bacon, Ranch with Frito-Side	310	210	24g	6g	0g	45mg	700mg	10g	2g	3g	14g	80%	8%	8%	4%
BLT Side Salad	280	210	25g	7g	0g	45mg	630mg	4g	1g	2g	11g	80%	8%	6%	4%
BLT Salad	520	390	46g	13g	0g	80mg	1180mg	7g	2g	5g	19g	160%	15%	15%	8%
Nacho Salad	570	290	33g	13g	0g	55mg	1220mg	53g	10g	8g	20g	45%	20%	35%	20%
Southwestern Chicken Salad	620	310	35g	13g	0g	85mg	1550mg	50g	6g	9g	31g	30%	8%	35%	15%
Greek Pasta Bowl	620	200	20g	6g	0g	30mg	2250mg	79g	1g	1g	26g	15%	10%	10%	20%
Salad Dressings	Calories	Calories from Fat	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Carbohydrates	Dietary Fiber	Sugars	Protein	Vitamin A	Vitamin C	Calcium	Iron
Blue Cheese 1.5 oz	210	190	21g	4g	0g	25mg	430mg	2g	0g	2g	2g	0%	0%	2%	0%
Dijon Honey 1.5 oz	180	140	16g	2.5g	0g	15mg	260mg	8g	0g	7g	0g	0%	0%	2%	0%
Honey French 1.5 oz	210	160	18g	2.5g	0g	0mg	310mg	14g	0g	13g	0g	0%	0%	0%	0%
Light Ranch 1.5 oz	70	40	4g	0g	0g	0mg	310mg	8g	0g	3g	< 1g	0%	0%	0%	0%
Sour Cream 1 oz	60	45	4.5g	3.5g	0g	20mg	15mg	0g	0g	< 1g	< 1g	4%	0%	2%	0%
Buttermilk Ranch 1.5 oz	210	200	22g	3.5g	0g	10mg	370mg	2g	0g	< 1g	< 1g	0%	0%	0%	0%
Chili Ranch 1.5 oz	210	210	22g	3.5g	0g	20mg	450mg	1g	0g	1g	0g	0%	0%	0%	0%
Fat Free 1000 Island 1.5 oz	50	0	0g	0g	0g	0mg	390mg	12g	< 1g	10g	< 1g	0%	0%	0%	0%
Greek Dressing 1.5 oz	260	250	28g	4g	0g	0mg	460mg	< 1g	0g	0g	0g	0%	0%	0%	2%
Light Italian 1.5 oz	20	0	1g	0g	0g	0mg	760mg	2g	0g	2g	0g	0%	0%	0%	0%
<i>Salad Nutritionals do not include dressing of your Choice</i>															
Greek Chicken Wrap Large	840	410	46g	11g	0g	60mg	2620mg	73g	8g	6g	33g	110%	20%	40%	35%
Greek Chicken Wrap small	470	220	24g	6g	0g	30mg	1400mg	44g	4g	3g	18g	60%	10%	20%	20%
Buffalo Chicken Wrap Large	560	220	24g	7g	0g	55mg	2220mg	62g	4g	5g	28g	120%	25%	40%	25%
Buffalo Chicken Wrap Small	370	150	16g	5g	0g	35mg	1490mg	39g	2g	3g	17g	60%	10%	25%	15%
Classic Chicken Wrap Large-	660	330	36g	9g	0g	75mg	1560mg	60g	4g	6g	28g	110%	15%	40%	25%
Classic Chicken Wrap- Small	380	180	19g	4.5g	0g	35mg	870mg	37g	2g	3g	15g	50%	6%	20%	15%
Chicken, Bacon, Ranch with Frito-Large	820	410	46g	12g	0g	75mg	1740mg	69g	4g	7g	34g	110%	15%	40%	25%
Chicken, Bacon, Ranch with Frito-Small	490	250	28g	6g	0g	40mg	1020mg	42g	2g	4g	19g	50%	8%	25%	15%
BLT Wrap-Large	850	500	55g	15g	0g	90mg	1620mg	58g	4g	5g	32g	110%	15%	35%	30%
BLT Wrap Small	530	310	34g	9g	0g	50mg	1010mg	36g	2g	3g	19g	50%	6%	20%	20%
South Western Chicken Wrap	680	260	29g	13g	0g	95mg	1710mg	70g	6g	7g	39g	120%	8%	50%	30%
Chilito and Burrito	Calories	Calories from Fat	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Carbohydrates	Dietary Fiber	Sugars	Protein	Vitamin A	Vitamin C	Calcium	Iron
Original Burrito	610	280	31g	14g	0g	75mg	1330mg	54g	6g	3g	28g	25%	2%	50%	35%
Original Deluxe Burrito	690	320	36g	17g	0g	95mg	1380mg	58g	8g	7g	31g	140%	25%	50%	35%
Chili Burrito	520	260	28g	12g	0g	105mg	1400mg	34g	1g	1g	28g	20%	0%	45%	30%
Chili Burrito Deluxe	610	310	33g	16g	0g	125mg	1450mg	38g	3g	5g	31g	140%	20%	50%	30%
Black Bean and Rice Burrito	620	230	26g	10g	0g	45mg	1410mg	68g	7g	5g	25g	10%	50%	50%	30%
Black Bean and Rice Burrito Deluxe	710	280	31g	14g	0g	60mg	1450mg	73g	9g	8g	28g	130%	70%	60%	35%
Chilito	350	150	16g	7g	0g	45mg	740mg	33g	1g	1g	16g	8%	0%	35%	20%
Chilito with Sour Cream	410	190	21g	11g	0g	65mg	760mg	33g	1g	2g	17g	10%	0%	35%	20%
BBR Chilito	380	140	16g	7g	0g	30mg	740mg	42g	3g	2g	15g	6%	10%	35%	20%
BBR Chilito with Sour cream	440	180	20g	10g	0g	50mg	760mg	42g	3g	3g	16g	10%	10%	40%	20%

Coneys	Calories	Calories from Fat	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Carbohydrates	Dietary Fiber	Sugars	Protein	Vitamin A	Vitamin C	Calcium	Iron
Cheese Coney	350	210	23g	10g	0g	65mg	1020mg	25g	2g	3g	18g	10%	4%	25%	20%
Cheese Coney ,no mustard	340	200	23g	10g	0g	65mg	940mg	24g	2g	3g	18g	10%	4%	25%	20%
Cheese Coney, no onions	340	210	23g	10g	0g	65mg	950mg	23g	2g	2g	18g	10%	2%	25%	20%
Cheese Coney, plain	340	200	23g	10g	0g	65mg	880mg	22g	2g	2g	18g	10%	2%	25%	20%
Coney	230	120	14g	4.5g	0g	35mg	840mg	24g	2g	3g	12g	6%	4%	6%	20%
Coney, no onions	220	120	14g	4.5g	0g	35mg	770mg	22g	2g	2g	12g	6%	2%	6%	20%
Coney, no mustard	230	120	13g	4.5g	0g	35mg	760mg	24g	2g	3g	11g	6%	4%	6%	20%
Coney, plain	220	120	13g	4.5g	0g	35mg	690mg	22g	2g	2g	11g	6%	2%	6%	20%
Andouille Sausage Coney	330	180	19g	8g	0g	65mg	990mg	22g	0g	3g	17g	10%	2%	25%	10%
Chili Cheese Sandwich	290	160	17g	8g	0g	60mg	880mg	24g	1g	3g	18g	15%	4%	25%	20%
Chili Cheese Sandwich, no onions	290	160	17g	8g	0g	60mg	810mg	22g	1g	2g	18g	15%	2%	25%	20%
Chili Cheese Sandwich, no mustard	290	150	17g	8g	0g	60mg	800mg	23g	1g	3g	18g	15%	4%	25%	20%
Chili Cheese Sandwich, plain	280	150	17g	8g	0g	60mg	730mg	21g	1g	2g	18g	15%	2%	25%	20%
Chili Sandwich	180	70	8g	2.5g	0g	30mg	700mg	23g	1g	3g	11g	8%	4%	4%	20%
Chili Sandwich, no onion	170	70	8g	2.5g	0g	30mg	630mg	21g	1g	2g	11g	8%	2%	4%	20%
Chili Sandwich, no mustard	170	70	8g	2.5g	0g	30mg	620mg	23g	1g	3g	11g	8%	4%	4%	20%
Chili Sandwich, plain	170	70	8g	2.5g	0g	30mg	550mg	21g	1g	2g	11g	8%	2%	4%	20%
Hot Dog Bun	180	90	11g	3.5g	0g	20mg	490mg	22g	2g	2g	8g	2%	2%	6%	15%
Hot Dog Bun with mustard	180	100	11g	3.5g	0g	20mg	570mg	22g	2g	2g	8g	2%	2%	6%	20%
Hot Dog Bun with onion	190	90	11g	3.5g	0g	20mg	560mg	24g	2g	3g	8g	2%	4%	6%	15%
Hot Dog Bun with mustard and onion	190	100	11g	3.5g	0g	20mg	640mg	24g	2g	3g	8g	2%	4%	6%	20%
Hot Dog Bun with cheese	300	180	21g	9g	0g	50mg	670mg	22g	2g	2g	15g	8%	2%	25%	15%
Hot Dog Bun with cheese and mustard	300	180	21g	9g	0g	50mg	750mg	23g	2g	2g	15g	8%	2%	25%	20%
Hot Dog Bun with cheese and onion	300	180	21g	9g	0g	50mg	740mg	24g	2g	3g	15g	8%	4%	25%	15%
Hot Dog Bun with cheese, onion, and mustard	310	180	21g	9g	0g	50mg	820mg	25g	2g	3g	15g	8%	4%	25%	20%
Double Hot Dog Bun	270	160	19g	6g	0g	40mg	810mg	23g	3g	2g	11g	2%	2%	8%	20%
Double Hot Dog Bun with cheese	390	250	29g	11g	0g	70mg	990mg	23g	3g	2g	18g	8%	2%	25%	20%
Ways	Calories	Calories from Fat	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Carbohydrates	Dietary Fiber	Sugars	Protein	Vitamin A	Vitamin C	Calcium	Iron
3-Way-small	400	200	22g	10g	0g	75mg	1020mg	25g	0g	0g	22g	15%	0%	30%	15%
3-Way-small, Lite Cheese	340	160	17g	7g	0g	60mg	930mg	25g	0g	0g	19g	10%	0%	20%	10%
3-Way-regular	800	400	44g	20g	0g	150mg	2040mg	50g	0g	0g	45g	30%	0%	60%	25%
3-Way-regular, Lite Cheese	690	320	34g	14g	0g	120mg	1850mg	49g	0g	0g	38g	25%	0%	40%	25%
3-Way-large	1130	580	63g	29g	0g	210mg	2810mg	66g	0g	0g	63g	40%	0%	90%	35%
3-Way-large, Lite Cheese	950	460	49g	21g	0g	170mg	2530mg	66g	0g	0g	53g	35%	0%	60%	35%
3-Way, Black Beans and Rice, small	450	190	21g	9g	0g	45mg	1020mg	42g	3g	2g	21g	10%	25%	30%	15%
3-Way-Black Beans and Rice, regular	900	380	42g	18g	0g	85mg	2040mg	84g	6g	4g	42g	20%	50%	60%	25%
3-Way-Black Beans and Rice, large	1260	540	61g	26g	0g	130mg	2810mg	113g	8g	5g	59g	30%	60%	100%	35%
4-Way-small with onions	410	200	22g	10g	0g	75mg	1090mg	27g	0g	1g	22g	15%	2%	30%	15%
4-Way-small with beans	440	200	22g	10g	0g	75mg	1090mg	33g	2g	0g	25g	15%	0%	30%	15%
4-Way-regular with onions	820	400	44g	20g	0g	150mg	2180mg	54g	0g	2g	45g	30%	2%	60%	25%
4-Way-regular with beans	890	410	44g	20g	0g	150mg	2170mg	66g	3g	0g	50g	30%	0%	60%	30%
4-Way-large, with onions	1150	580	63g	29g	0g	210mg	3020mg	73g	0g	3g	63g	40%	4%	90%	35%
4-Way-large with beans	1250	590	64g	29g	0g	210mg	3010mg	90g	5g	0g	71g	40%	0%	90%	45%
5-Way-small	450	200	22g	10g	0g	75mg	1160mg	35g	2g	1g	25g	15%	2%	30%	15%
5-Way-regular	900	410	44g	20g	0g	150mg	2310mg	70g	3g	2g	50g	30%	2%	60%	30%
5-Way-large	1270	590	64g	29g	0g	210mg	3220mg	96g	5g	3g	71g	40%	4%	90%	45%
Chili Spaghetti-small	230	80	8g	1.5g	0g	30mg	740mg	24g	0g	0g	12g	6%	0%	0%	10%
Chili Spaghetti-regular	460	150	15g	3g	0g	60mg	1490mg	49g	0g	0g	24g	10%	0%	0%	25%
Chili Spaghetti-large	610	200	20g	4g	0g	80mg	1980mg	65g	0g	0g	32g	15%	0%	0%	30%
Spaghetti plain-small	150	30	3g	0g	0g	0mg	360mg	24g	0g	0g	6g	0%	0%	0%	6%
Spaghetti plain-regular	300	60	6g	0g	0g	0mg	730mg	49g	0g	0g	12g	0%	0%	0%	10%
Spaghetti plain-large	400	80	8g	0g	0g	0mg	970mg	65g	0g	0g	16g	0%	0%	0%	15%
Spaghetti with cheese - small	320	160	17g	8g	0g	45mg	640mg	25g	0g	0g	16g	8%	0%	30%	6%
Spaghetti with cheese - regular	650	310	35g	16g	0g	85mg	1280mg	50g	0g	0g	33g	15%	0%	60%	15%
Spaghetti with cheese - large	920	460	51g	25g	0g	130mg	1790mg	66g	0g	0g	47g	25%	0%	90%	15%
Chili Spaghetti with Onion-small	200	60	10g	1.5g	0g	30mg	450mg	26g	1g	2g	10g	6%	2%	0%	8%
Chili Spaghetti with Onion-regular	410	110	19g	3g	0g	60mg	910mg	52g	2g	4g	20g	10%	2%	0%	15%
Chili Spaghetti with Onion-large	540	150	25g	4g	0g	80mg	1230mg	70g	3g	6g	27g	15%	4%	0%	20%
Chili Spaghetti with bean - small	240	60	10g	1.5g	0g	30mg	450mg	32g	3g	1g	13g	6%	0%	2%	10%
Chili Spaghetti with bean - regular	480	110	19g	3g	0g	60mg	900mg	64g	5g	2g	25g	10%	0%	2%	25%
Chili Spaghetti with bean - large	650	150	26g	4g	0g	80mg	1220mg	88g	7g	3g	35g	15%	0%	4%	30%
Chili Spaghetti with bean and onion-small	250	60	10g	1.5g	0g	30mg	520mg	34g	3g	2g	13g	6%	2%	2%	10%
Chili Spaghetti with bean and onion-regular	490	110	19g	3g	0g	60mg	1040mg	68g	5g	4g	25g	10%	2%	2%	25%
Chili Spaghetti with bean and onion-large	670	150	26g	4g	0g	80mg	1430mg	94g	7g	6g	35g	15%	4%	4%	30%

Steamed Potatoes & Fries	Calories	Calories from Fat	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Carbohydrates	Dietary Fiber	Sugars	Protein	Vitamin A	Vitamin C	Calcium	Iron
3-Way Potato	620	230	26g	13g	0g	100mg	890mg	65g	8g	3g	29g	20%	120%	45%	25%
4-way Potato with Onion	620	230	26g	13g	0g	100mg	960mg	67g	8g	4g	29g	20%	120%	45%	25%
4-way Potato with Beans	660	230	26g	13g	0g	100mg	960mg	73g	10g	3g	32g	20%	120%	45%	30%
5-way Potato	660	230	26g	13g	0g	100mg	1030mg	75g	10g	4g	32g	20%	120%	45%	30%
Cheddar Potato	630	290	33g	14g	1.5g	60mg	570mg	65g	8g	3g	21g	10%	120%	45%	15%
Sour Cream Potato	460	160	19g	6g	1.5g	20mg	220mg	65g	8g	4g	8g	4%	120%	6%	15%
Chili Cheese Fries	840	480	53g	17g	0g	100mg	2100mg	61g	8g	3g	28g	20%	30%	40%	15%
Cheese Fries	740	420	47g	15g	0g	60mg	1600mg	61g	8g	3g	20g	10%	30%	40%	6%
Chili Fries	610	310	34g	6g	0g	40mg	1740mg	60g	8g	2g	14g	8%	30%	0%	15%
Fries	430	210	24g	3.5g	0g	< 5mg	1050mg	51g	7g	2g	5g	0%	25%	0%	4%
Funnel Cake Fries	340	120	13g	3g	0g	20mg	170mg	54g	0g	37g	2g	0%	0%	0%	2%
Kids' Menu	Calories	Calories from Fat	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Carbohydrates	Dietary Fiber	Sugars	Protein	Vitamin A	Vitamin C	Calcium	Iron
3-Way Special	440-620	200-230	22-26g	10-11g	0g	75mg	1040mg	35-72g	0-2g	7-34g	22-24g	15%	0%	30-40%	15-20%
P'spaghetti Special	360-540	160-200	17-21g	8-12g	0g	45mg	660-770mg	35-72g	0-2g	7-34g	16-18g	8%	0-2%	30-35%	6%
Cheese Coney Special	390-570	210-250	23-27g	10-11g	0g	65-70mg	1040-1150mg	35-72g	2-4g	10-37g	18-20g	10%	4%	25-35%	20-25%
Coney Special	270-450	120-150	14-18g	4.5-5g	0g	35mg	860-970mg	34-71g	2-4g	10-37g	12-14g	6%	4%	6-15%	20-25%
Hot Doggy Special	310-490	160-200	19-23g	6-7g	0g	40mg	830-940mg	33-70g	3-5g	9-36g	11-13g	2%	2%	8-20%	20-25%
Hot Doggy Special with Cheese	430-610	250-280	29-33g	11-12g	0g	70mg	950-1060mg	33-70g	3-5g	9-36g	18-20g	8%	2%	25-35%	20-25%
Bowls	Calories	Calories from Fat	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Carbohydrates	Dietary Fiber	Sugars	Protein	Vitamin A	Vitamin C	Calcium	Iron
Loaded Chili Bowl	480	260	28g	15g	0g	125mg	1320mg	20g	3g	3g	28g	25%	2%	35%	20%
Coney Bowl	710	520	58g	26g	0g	190mg	2020mg	3g	3g	0g	38g	25%	0%	70%	15%
Chili Bowl	200	120	12g	4g	0g	80mg	1010mg	0g	0g	0g	16g	15%	0%	0%	15%
Chili Cheese Bowl	380	250	27g	12g	0g	125mg	1290mg	< 1g	0g	0g	26g	25%	0%	30%	15%
Chili Bowl with Beans	240	90	9g	3g	0g	60mg	890mg	16g	3g	0g	17g	10%	0%	2%	20%
Black Beans and Rice Bowl	400	130	14g	4.5g	0g	20mg	1100mg	48g	8g	7g	13g	8%	70%	10%	20%
Beverages	Calories	Calories from Fat	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Carbohydrates	Dietary Fiber	Sugars	Protein	Vitamin A	Vitamin C	Calcium	Iron
Coffee or Tea 12oz	0	0	0g	0g	0g	0mg	10mg	1g	0g	0g	0g	0%	0%	0%	0%
Iced Tea, Sweetened-20oz	120	0	0g	0g	0g	0mg	55mg	35g	0g	34g	0g	0%	0%	0%	0%
Iced Tea, Sweetened-30oz	200	0	0g	0g	0g	0mg	85mg	57g	0g	54g	0g	0%	0%	0%	0%
Iced Tea/Unsweetened-20oz	0	0	0g	0g	0g	0mg	55mg	0g	0g	0g	0g	0%	0%	0%	0%
Iced Tea/Unsweetened-30oz	0	0	0g	0g	0g	0mg	85mg	0g	0g	0g	0g	0%	0%	0%	0%
Diet Soft Drink-20oz	0	0	0g	0g	0g	0mg	70mg	0g	0g	0g	0g	0%	0%	0%	0%
Diet Soft Drink-30oz	0	0	0g	0g	0g	0mg	140mg	0g	0g	0g	0g	0%	0%	0%	0%
Regular Soft Drink-20oz	190	0	0g	0g	0g	0mg	60mg	51g	0g	51g	0g	0%	0%	0%	0%
Regular Soft Drink-30oz	310	0	0g	0g	0g	0mg	100mg	82g	0g	82g	0g	0%	0%	0%	0%
Dole Lemonade-20oz	190	0	0g	0g	0g	0mg	180mg	53g	0g	51g	0g	0%	20%	0%	0%
Dole Lemonade-30oz	310	0	0g	0g	0g	0mg	280mg	85g	0g	82g	0g	0%	30%	0%	0%
Sobe 0 Calorie-20oz	0	0	0g	0g	0g	0mg	55mg	0g	0g	0g	0g	0%	0%	0%	0%
Sobe 0 Calorie-30oz	0	0	0g	0g	0g	0mg	85mg	0g	0g	0g	0g	0%	0%	0%	0%
Tropicana Lemonade, Pink or Yellow-20oz	190	0	0g	0g	0g	0mg	200mg	51g	0g	51g	0g	0%	0%	0%	0%
Tropicana Lemonade, Pink or Yellow-30oz	300	0	0g	0g	0g	0mg	320mg	81g	0g	81g	0g	0%	0%	0%	0%
Milk 1% White Milk 8oz	90	20	2.5g	1.5g	0g	10mg	110mg	11g	0g	11g	7g	10%	4%	30%	0%
Chocolate Milk 1%- 8oz	130	20	2.5g	1.5g	0g	10mg	200mg	20g	0g	19g	7g	10%	0%	30%	25%
Other	Calories	Calories from Fat	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Carbohydrates	Dietary Fiber	Sugars	Protein	Vitamin A	Vitamin C	Calcium	Iron
Oyster Crackers, Bowl	150	40	4g	0g	0g	0mg	250mg	22g	0g	0g	5g	0%	0%	2%	4%
Sides	Calories	Calories from Fat	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Carbohydrates	Dietary Fiber	Sugars	Protein	Vitamin A	Vitamin C	Calcium	Iron
Full Side of Chicken	80	20	2g	1g	0g	40mg	450mg	3g	0g	< 1g	14g	0%	0%	2%	0%
Half Side of Chicken	40	10	1g	0g	0g	20mg	220mg	1g	0g	0g	7g	0%	0%	0%	0%
Side of Sour Cream	60	45	4.5g	3.5g	0g	20mg	15mg	0g	0g	< 1g	< 1g	4%	0%	2%	0%

*A 2,000 calorie daily diet is used as the basis for general nutrition advice; however, individual calorie needs may vary. Nutritional data is based on Skyline recipes as of the date posted.

**Last updated June 2016.